



O'Connor Pyne & Co. Limited

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My Goodness Limited

Abridged Unaudited Financial Statements

for the financial year ended 30 April 2025

Company Number: 603592

DIRECTORS **TOMAS O'CONNOR** B.B.S., F.C.A., C.T.A. **CONOR PYNE** B.COMM., F.C.A. **ORIEL LAWTON** B.Sc Fin., A.C.A.

Registered to carry on audit work and authorised to carry on investment business by Chartered Accountants Ireland.

Company No: 647683



My Goodness Limited

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My Goodness Limited

DIRECTORS AND OTHER INFORMATION

Directors	Donal O' Gara Virginia O' Gara
Company Secretary	Virginia O' Gara
Company Number	603592
Registered Office and Business Address	4 Marina Commercial Park Centre Park Road Cork
Accountants	O'Connor Pyne & Co. Ltd. Joyce House Barrack Square Ballincollig Co. Cork
Bankers	Bank of Ireland Ballincollig Co. Cork

My Goodness Limited

DIRECTORS' RESPONSIBILITIES STATEMENT

for the financial year ended 30 April 2025

The directors made the following statement in respect of the unaudited financial statements:

"General responsibilities

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under that law, the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard, issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the profit or loss of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and profit or loss of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Directors' declaration on unaudited financial statements

In relation to the financial statements which comprise the Balance Sheet, the Reconciliation of Shareholders' Funds and the related notes:

The directors approve these financial statements and confirm that they are responsible for them, including selecting the appropriate accounting policies, applying them consistently and making, on a reasonable and prudent basis, the judgements underlying them. They have been prepared on the going concern basis on the grounds that the company will continue in business.

The directors confirm that they have made available to O'Connor Pyne & Co. Ltd., all the company's accounting records and provided all the information, books and documents necessary for the compilation of the financial statements.

The directors confirm that to the best of their knowledge and belief, the accounting records reflect all the transactions of the company for the financial year ended 30 April 2025."

Signed on behalf of the board

Donal O' Gara
Director

23 January 2026

Virginia O' Gara
Director

23 January 2026

My Goodness Limited

BALANCE SHEET

as at 30 April 2025

	Notes	2025 €	2024 €
Fixed Assets			
Tangible assets	7	<u>175,475</u>	<u>162,395</u>
Current Assets			
Stocks	8	5,000	5,000
Debtors	9	3,122	2,913
Cash and cash equivalents		<u>80,171</u>	<u>58,806</u>
		<u>88,293</u>	<u>66,719</u>
Creditors: amounts falling due within one year	10	<u>(80,237)</u>	<u>(119,684)</u>
Net Current Assets/(Liabilities)		<u>8,056</u>	<u>(52,965)</u>
Total Assets less Current Liabilities		<u>183,531</u>	<u>109,430</u>
Creditors:			
amounts falling due after more than one year	11	(20,926)	(5,646)
Provisions for liabilities	12	<u>1,936</u>	<u>2,022</u>
Net Assets		<u><u>164,541</u></u>	<u><u>105,806</u></u>
Capital and Reserves			
Called up share capital presented as equity		100	100
Retained earnings		<u>164,441</u>	<u>105,706</u>
Equity attributable to owners of the company		<u><u>164,541</u></u>	<u><u>105,806</u></u>

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard.

We as Directors of My Goodness Limited, state that -

(a) the company is availing itself of the exemption provided for by Chapter 15 of Part 6 of the Companies Act 2014,

(b) the company is availing itself of the exemption on the grounds that the conditions specified in section 358 are satisfied,

(c) the shareholders of the company have not served a notice on the company under section 334(1) in accordance with section 334(2),

(d) we acknowledge the company's obligations under the Companies Act 2014, to keep adequate accounting records and prepare financial statements which give a true and fair view of the assets, liabilities and financial position of the company at the end of its financial year and of its profit or loss for such a financial year and to otherwise comply with the provisions of the Companies Act 2014 relating to financial statements so far as they are applicable to the company,

(e) the company has relied on the specified exemption contained in section 352 Companies Act 2014. The company has done so on the grounds that the company is entitled to the benefit of that exemption as a small company and the abridged financial statements have been properly prepared in accordance with section 353 Companies Act 2014 and the small companies' regime.

Approved by the board on 23 January 2026 and signed on its behalf by:

Donal O' Gara
Director

Virginia O' Gara
Director

My Goodness Limited

RECONCILIATION OF SHAREHOLDERS' FUNDS

as at 30 April 2025

	Called up share capital €	Retained earnings €	Total €
At 1 May 2023	100	43,843	43,943
Profit for the financial year	-	61,863	61,863
At 30 April 2024	100	105,706	105,806
Profit for the financial year	-	58,735	58,735
At 30 April 2025	100	164,441	164,541

My Goodness Limited

NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the financial year ended 30 April 2025

1. General Information

My Goodness Limited is a company limited by shares incorporated in Ireland. The registered office of the company is 4 Marina Commercial Park, Centre Park Road, Cork which is also the principal place of business of the company. The principal activity of the company is specialising in dairy, gluten and refined sugar free products. The financial statements have been presented in Euro (€) which is also the functional currency of the company.

2. Summary of Significant Accounting Policies

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Statement of compliance

The financial statements of the company for the year ended 30 April 2025 have been prepared in accordance with the provisions of FRS 102 Section 1A (Small Entities) and the Companies Act 2014.

Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention except for certain properties and financial instruments that are measured at revalued amounts or fair values, as explained in the accounting policies below. Historical cost is generally based on the fair value of the consideration given in exchange for assets. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" Section 1A, issued by the Financial Reporting Council.

The company qualifies as a small company as defined by section 280A of the Companies Act 2014 in respect of the financial year, and has applied the rules of the 'Small Companies Regime' in accordance with section 280C of the Companies Act 2014 and Section 1A of FRS 102.

Turnover

Turnover comprises the invoice value of goods supplied by the company, exclusive of trade discounts and value added tax.

Tangible assets and depreciation

Tangible assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible assets, less their estimated residual value, over their expected useful lives as follows:

Land and buildings freehold	- 2% Straight line
Fixtures, fittings and equipment	- 20% Straight line
Motor vehicles	- 20% Straight line

The carrying values of tangible fixed assets are reviewed annually for impairment in periods if events or changes in circumstances indicate the carrying value may not be recoverable.

Leasing and hire purchases

Tangible assets held under leasing and Hire Purchases arrangements which transfer substantially all the risks and rewards of ownership to the company are capitalised and included in the Balance Sheet at their cost or valuation, less depreciation. The corresponding commitments are recorded as liabilities. Payments in respect of these obligations are treated as consisting of capital and interest elements, with interest charged to the Profit and Loss Account.

Stocks

Stocks are valued at the lower of cost and net realisable value. Stocks are determined on a first-in first-out basis. Cost comprises expenditure incurred in the normal course of business in bringing stocks to their present location and condition. Full provision is made for obsolete and slow moving items. Net realisable value comprises actual or estimated selling price (net of trade discounts) less all further costs to completion or to be incurred in marketing and selling.

Trade and other debtors

Trade and other debtors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method less impairment losses for bad and doubtful debts except where the effect of discounting would be immaterial. In such cases the receivables are stated at cost less impairment losses for bad and doubtful debts.

My Goodness Limited

NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the financial year ended 30 April 2025

Borrowing costs

Borrowing costs relating to the acquisition of assets are capitalised at the appropriate rate by adding them to the cost of assets being acquired. Investment income earned on the temporary investment of specific borrowings pending their expenditure on the assets is deducted from the borrowing costs eligible for capitalisation. All other borrowing costs are recognised in profit or loss in the period in which they are incurred.

Provisions

Provisions are recognised when the company has a present legal or constructive obligation arising as a result of a past event, it is probable that an outflow of economic benefits will be required to settle the obligation and a reliable estimate can be made. Provisions are measured at the present value of the expenditures expected to be required to settle the obligation using a pre-tax rate that reflects current market assessments of the same value of money and the risks specific to the obligation. The increase in the provision due to passage of time is recognised as interest expense.

Trade and other creditors

Trade and other creditors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest rate method, unless the effect of discounting would be immaterial, in which case they are stated at cost.

Taxation and deferred taxation

Current tax represents the amount expected to be paid or recovered in respect of taxable profits for the financial year and is calculated using the tax rates and laws that have been enacted or substantially enacted at the Balance Sheet date.

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more tax in the future, or a right to pay less tax in the future. Timing differences are temporary differences between the company's taxable profits and its results as stated in the financial statements.

Deferred tax is measured on an undiscounted basis at the tax rates that are anticipated to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the Balance Sheet date.

Government grants

Capital grants received and receivable are treated as deferred income and amortised to the Profit and Loss Account annually over the useful economic life of the asset to which it relates. Revenue grants are credited to the Profit and Loss Account when received.

Foreign currencies

Monetary assets and liabilities denominated in foreign currencies are translated at the rates of exchange ruling at the Balance Sheet date. Non-monetary items that are measured in terms of historical cost in a foreign currency are translated at the rates of exchange ruling at the date of the transaction. Non-monetary items that are measured at fair value in a foreign currency are translated using the exchange rates at the date when the fair value was determined. The resulting exchange differences are dealt with in the Profit and Loss Account.

Ordinary share capital

The ordinary share capital of the company is presented as equity.

3. Going concern

The directors have a reasonable expectation, having made appropriate enquiries, that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

4. Operating profit

	2025	2024
	€	€
Operating profit is stated after charging/(crediting):		
Depreciation of tangible assets	21,421	15,258
Government grants received	(34,870)	(47,500)
	<u> </u>	<u> </u>

My Goodness Limited

NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the financial year ended 30 April 2025

5. Interest payable and similar expenses		2025	2024
		€	€
Interest		<u>927</u>	<u>1,621</u>
6. Employees			
The average monthly number of employees, including directors, during the financial year was 9, (2024 - 9).			
7. Tangible assets			
	Land and buildings freehold	Fixtures, fittings and equipment	Motor vehicles
	€	€	€
Cost			Total
At 1 May 2024	125,635	78,533	28,393
Additions	-	8,941	25,560
At 30 April 2025	<u>125,635</u>	<u>87,474</u>	<u>53,953</u>
Depreciation			
At 1 May 2024	7,259	45,272	17,635
Charge for the financial year	-	13,619	7,802
At 30 April 2025	<u>7,259</u>	<u>58,891</u>	<u>25,437</u>
Net book value			
At 30 April 2025	<u>118,376</u>	<u>28,583</u>	<u>28,516</u>
At 30 April 2024	<u>118,376</u>	<u>33,261</u>	<u>10,758</u>
8. Stocks		2025	2024
		€	€
Finished goods and goods for resale		<u>5,000</u>	<u>5,000</u>
9. Debtors		2025	2024
		€	€
Taxation and social welfare		209	-
Prepayments		<u>2,913</u>	<u>2,913</u>
		<u>3,122</u>	<u>2,913</u>
10. Creditors		2025	2024
Amounts falling due within one year		€	€
Amounts owed to credit institutions		4,901	10,104
Trade creditors		(1,017)	8,295
Taxation and social welfare		10,418	10,513
Directors' current accounts (Note 15)		51,859	52,599
Other creditors		-	(827)
Accruals		<u>14,076</u>	<u>39,000</u>
		<u>80,237</u>	<u>119,684</u>

My Goodness Limited
NOTES TO THE ABRIDGED FINANCIAL STATEMENTS
for the financial year ended 30 April 2025

continued

11. Creditors	2025	2024
Amounts falling due after more than one year	€	€
Bank Loan	-	5,646
Finance leases and hire purchase contracts	20,926	-
	<u>20,926</u>	<u>5,646</u>
Loans		
Repayable in one year or less, or on demand	4,901	10,104
Repayable between two and five years	-	5,646
	<u>4,901</u>	<u>15,750</u>
Net obligations under finance leases and hire purchase contracts		
Repayable between one and five years	4,998	-
Repayable after five years	15,928	-
	<u>20,926</u>	<u>-</u>
12. Provisions for liabilities		
The amounts provided for deferred taxation are analysed below:		
	Capital allowances	Total
		Total
	€	2025
		2024
		€
At financial year start	(2,022)	(2,022)
Charged to profit and loss	86	86
	<u>(1,936)</u>	<u>(1,936)</u>
At financial year end		<u>(2,022)</u>
13. Income Statement		
	2025	2024
	€	€
At 1 May 2024	105,706	43,843
Profit for the financial year	58,735	61,863
	<u>164,441</u>	<u>105,706</u>
14. Capital commitments		
The company had no material capital commitments at the financial year-ended 30 April 2025.		
15. Directors' remuneration and transactions	2025	2024
	€	€
Remuneration	63,850	83,441
	<u>63,850</u>	<u>83,441</u>

My Goodness Limited
NOTES TO THE ABRIDGED FINANCIAL STATEMENTS
for the financial year ended 30 April 2025

continued

The following amounts are repayable to the directors:

	2025	2024
	€	€
Donal O' Gara	<u>51,859</u>	<u>52,599</u>

16. Controlling interest

Virginia and Donal O'Gara both own 50% of the ordinary share capital in My Goodness Limited.

17. Post-Balance Sheet Events

There have been no significant events affecting the company since the financial year-end.

18. Approval of financial statements

The financial statements were approved and authorised for issue by the board of directors on 23 January 2026.