

Company Number: 743966

**Strive Fitness Limited**  
**Abridged Unaudited Financial Statements**  
**for the financial year ended 30 June 2025**

**Strive Fitness Limited**  
**CONTENTS**

	<b>Page</b>
Directors' Responsibilities Statement	3
Accountants' Report	4
Balance Sheet	5
Reconciliation of Shareholders' Funds	6
Notes to the Financial Statements	7 - 11

# Strive Fitness Limited

## DIRECTORS' RESPONSIBILITIES STATEMENT

for the financial year ended 30 June 2025

The directors made the following statement in respect of the unaudited financial statements:

### "General responsibilities

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under that law, the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard, issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the profit or loss of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and profit or loss of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### Directors' declaration on unaudited financial statements

In relation to the financial statements which comprise the Balance Sheet, the Reconciliation of Shareholders' Funds and the related notes:

The directors approve these financial statements and confirm that they are responsible for them, including selecting the appropriate accounting policies, applying them consistently and making, on a reasonable and prudent basis, the judgements underlying them. They have been prepared on the going concern basis on the grounds that the company will continue in business.

The directors confirm that they have made available to Xeinadin, all the company's accounting records and provided all the information, books and documents necessary for the compilation of the financial statements.

The directors confirm that to the best of their knowledge and belief, the accounting records reflect all the transactions of the company for the financial year ended 30 June 2025."

### Signed on behalf of the board

**Gavin Kennelly**  
Director

**30 January 2026**

**Colm Hassett**  
Director

**30 January 2026**

## ACCOUNTANTS REPORT

### to the Board of Directors on the Compilation of the unaudited Abridged financial statements of Strive Fitness Limited for the financial year ended 30 June 2025

In accordance with the engagement letter dated 7 July 2025 and in order to assist you to fulfil your duties under the Companies Act 2014, we have compiled for your approval the abridged financial statements of the company for the financial year ended 30 June 2025 as set out on pages 5 to 11 which comprise the Balance Sheet, the Reconciliation of Shareholders' Funds and the related notes from the company's accounting records and information and explanations you have given to us.

As a practising member of the Institute of Chartered Accountants Ireland, we are subject to its ethical and other professional requirements which are detailed at <https://www.charteredaccountants.ie/Professional-Standards/Home>

This report is made solely to the Board of Directors of Strive Fitness Limited, as a body, in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the company's Board of Directors that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and its Board of Directors, as a body, for our work or for this report.

We have carried out this engagement in accordance with guidance issued by Chartered Accountants Ireland and have complied with the relevant ethical guidance laid down by Chartered Accountants Ireland relating to members undertaking the compilation of financial statements.

You have acknowledged on the Balance Sheet for the year ended 30 June 2025 your duty to ensure that Strive Fitness Limited has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of Strive Fitness Limited. You consider that Strive Fitness Limited is exempt from the statutory audit requirement for the financial year.

We have not been instructed to carry out an audit or a review of the abridged financial statements of Strive Fitness Limited. For this reason, we have not verified the adequacy, accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory abridged financial statements.

**XEINADIN**  
23 Silver Street  
Nenagh  
Co. Tipperary

**30 January 2026**

• • • **Office**  
• • • 23 Silver Street  
• • • NENAGH  
• • • Co. Tipperary  
• • • Ireland, E45 W103

• • • **Registered Office**  
• • • 45 O'Connell Street  
• • • LIMERICK  
• • • Ireland  
• • • V94XE18

• • • **Phone**  
• • • + 353 (0)67 53822

• • • **Website**  
• • • [www.xeinadin.ie](http://www.xeinadin.ie)

• • • **Email**  
• • • [nenagh@xeinadin.com](mailto:nenagh@xeinadin.com)

• • • **Partners**  
• • • Eoin Gallagher, Anne Hogan, William Lomasney,  
• • • Mary McKeogh, Eoin Ryan.

• • • Registered in Ireland - Company Number: 543732  
• • • Directors: Derry Crowley, Sandra Clarke, Donal McCarthy, William Lomasney, Eoin Ryan, Mary McKeogh, Eoin Gallagher.  
• • • The titles Partner and Director refer to employees of similar professional standing.  
• • • *Infinity Vision Limited is a subsidiary of Xeinadin Group Limited.*  
• • • Xeinadin is a trading name of Infinity Vision Limited. Infinity Vision Limited is regulated by Chartered Accountants Ireland and authorised by Chartered Accountants Ireland to carry on investment business.

**Strive Fitness Limited**  
**BALANCE SHEET**

as at 30 June 2025

	Notes	2025 €	2024 €
<b>Fixed Assets</b>			
Tangible assets	7	<u>73,183</u>	<u>68,862</u>
<b>Current Assets</b>			
Stocks	8	1,196	559
Debtors	9	100	673
Cash and cash equivalents		<u>15,745</u>	<u>2,851</u>
		<u>17,041</u>	<u>4,083</u>
<b>Creditors: amounts falling due within one year</b>	10	<u>(13,885)</u>	<u>(24,551)</u>
<b>Net Current Assets/(Liabilities)</b>		<u>3,156</u>	<u>(20,468)</u>
<b>Total Assets less Current Liabilities</b>		<u>76,339</u>	<u>48,394</u>
<b>Creditors:</b> amounts falling due after more than one year	11	<u>(50,013)</u>	<u>(53,401)</u>
<b>Net Assets/(Liabilities)</b>		<u><u>26,326</u></u>	<u><u>(5,007)</u></u>
<b>Capital and Reserves</b>			
Called up share capital presented as equity	13	100	100
Share premium account	14	12,000	-
Retained earnings		<u>14,226</u>	<u>(5,107)</u>
<b>Shareholders' Funds/(Deficit)</b>		<u><u>26,326</u></u>	<u><u>(5,007)</u></u>

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard.

We as Directors of Strive Fitness Limited, state that -

- (a) the company is availing itself of the exemption provided for by Chapter 15 of Part 6 of the Companies Act 2014,
- (b) the company is availing itself of the exemption on the grounds that the conditions specified in section 358 are satisfied,
- (c) the shareholders of the company have not served a notice on the company under section 334(1) in accordance with section 334(2),
- (d) we acknowledge the company's obligations under the Companies Act 2014, to keep adequate accounting records and prepare financial statements which give a true and fair view of the assets, liabilities and financial position of the company at the end of its financial year and of its profit or loss for such a financial year and to otherwise comply with the provisions of the Companies Act 2014 relating to financial statements so far as they are applicable to the company,
- (e) the company has relied on the specified exemption contained in section 352 Companies Act 2014. The company has done so on the grounds that the company is entitled to the benefit of that exemption as a small company and the abridged financial statements have been properly prepared in accordance with section 353 Companies Act 2014 and the small companies' regime.

**Approved by the board on 30 January 2026 and signed on its behalf by:**

**Gavin Kennelly**  
**Director**

**Colm Hassett**  
**Director**

**Strive Fitness Limited**  
**RECONCILIATION OF SHAREHOLDERS' FUNDS**

as at 30 June 2025

	Called up share capital €	Share premium account €	Retained earnings €	Total €
<b>At 1 July 2023</b>	-	-	-	-
Loss for the financial year	-	-	(5,107)	(5,107)
Net proceeds of equity Ordinary share issue	100	-	-	100
<b>At 30 June 2024</b>	100	-	(5,107)	(5,007)
Profit for the financial year	-	-	19,333	19,333
Net proceeds of equity Ordinary share issue	-	12,000	-	12,000
<b>At 30 June 2025</b>	<b>100</b>	<b>12,000</b>	<b>14,226</b>	<b>26,326</b>

# Strive Fitness Limited

## NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the financial year ended 30 June 2025

### 1. GENERAL INFORMATION

Strive Fitness Limited is a company limited by shares incorporated and registered in Ireland. The registered number of the company is 743966. The registered office of the company is Unit 1, Clieveragh Industrial Estate, Listowel, Kerry, Ireland which is also the principal place of business of the company. The principal activity of the company is to carry on the business of a gymnasium facility to the general public and all activities related thereof. The financial statements have been presented in Euro (€) which is also the functional currency of the company.

### 2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

#### Statement of compliance

The financial statements of the company for the financial year ended 30 June 2025 have been prepared in accordance with the provisions of FRS 102 Section 1A (Small Entities) and the Companies Act 2014. These are the company's first set of financial statements prepared in accordance with FRS 102.

#### Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention except for certain properties and financial instruments that are measured at revalued amounts or fair values, as explained in the accounting policies below. Historical cost is generally based on the fair value of the consideration given in exchange for assets. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" Section 1A, issued by the Financial Reporting Council.

The company qualifies as a small company as defined by section 280A of the Companies Act 2014 in respect of the financial year, and has applied the rules of the 'Small Companies Regime' in accordance with section 280C of the Companies Act 2014 and Section 1A of FRS 102.

#### Turnover

Turnover comprises the invoice value of goods supplied by the company, exclusive of trade discounts and value added tax.

#### Tangible assets and depreciation

Tangible assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment	-	12.5% Straight line
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The carrying values of tangible fixed assets are reviewed annually for impairment in periods if events or changes in circumstances indicate the carrying value may not be recoverable.

#### Stocks

Stocks are valued at the lower of cost and net realisable value. Stocks are determined on a first-in first-out basis. Cost comprises expenditure incurred in the normal course of business in bringing stocks to their present location and condition. Full provision is made for obsolete and slow moving items. Net realisable value comprises actual or estimated selling price (net of trade discounts) less all further costs to completion or to be incurred in marketing and selling.

#### Trade and other debtors

Trade and other debtors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method less impairment losses for bad and doubtful debts except where the effect of discounting would be immaterial. In such cases the receivables are stated at cost less impairment losses for bad and doubtful debts.

#### Borrowing costs

Borrowing costs relating to the acquisition of assets are capitalised at the appropriate rate by adding them to the cost of assets being acquired. Investment income earned on the temporary investment of specific borrowings pending their expenditure on the assets is deducted from the borrowing costs eligible for capitalisation. All other borrowing costs are recognised in profit or loss in the period in which they are incurred.

## Strive Fitness Limited

# NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the financial year ended 30 June 2025

### Trade and other creditors

Trade and other creditors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest rate method, unless the effect of discounting would be immaterial, in which case they are stated at cost.

### Employee benefits

The company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The company also operates a defined benefit pension scheme for its employees providing benefits based on final pensionable pay. The assets of this scheme are also held separately from those of the company, being invested with pension fund managers.

### Taxation and deferred taxation

Current tax represents the amount expected to be paid or recovered in respect of taxable profits for the financial year and is calculated using the tax rates and laws that have been enacted or substantially enacted at the Balance Sheet date.

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more tax in the future, or a right to pay less tax in the future. Timing differences are temporary differences between the company's taxable profits and its results as stated in the financial statements.

Deferred tax is measured on an undiscounted basis at the tax rates that are anticipated to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the Balance Sheet date.

### Government grants

Capital grants received and receivable are treated as deferred income and amortised to the Profit and Loss Account annually over the useful economic life of the asset to which it relates. Revenue grants are credited to the Profit and Loss Account when received.

### Foreign currencies

Monetary assets and liabilities denominated in foreign currencies are translated at the rates of exchange ruling at the Balance Sheet date. Non-monetary items that are measured in terms of historical cost in a foreign currency are translated at the rates of exchange ruling at the date of the transaction. Non-monetary items that are measured at fair value in a foreign currency are translated using the exchange rates at the date when the fair value was determined. The resulting exchange differences are dealt with in the Profit and Loss Account.

### Ordinary share capital

The ordinary share capital of the company is presented as equity.

## 3. ADOPTION OF FRS 102

This is the first set of financial statements prepared by Strive Fitness Limited in accordance with accounting standards issued by the Financial Reporting Council, including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" Section 1A (Small Entities). The company transitioned from previously extant Irish and UK GAAP to FRS 102 Section 1A as at 1 January 2016.

## 4. TURNOVER

The whole of the company's turnover is attributable to its market in the Republic of Ireland and is derived from the principal activity of a gymnasium.

## 5. OPERATING PROFIT/(LOSS)

	2025	2024
	€	€
<b>Operating profit/(loss) is stated after charging/(crediting):</b>		
Depreciation of tangible assets	11,860	9,838
Government grants received	-	(1,664)
	<u>          </u>	<u>          </u>

**Strive Fitness Limited**  
**NOTES TO THE ABRIDGED FINANCIAL STATEMENTS**  
for the financial year ended 30 June 2025

**6. EMPLOYEES**

The average monthly number of employees, including directors, during the financial year was 5, (2024 - 5).

	<b>2025</b>	2024
	<b>Number</b>	Number
Staff	<u>5</u>	<u>5</u>

**7. TANGIBLE ASSETS**

	<b>Fixtures, fittings and equipment</b>	<b>Total</b>
	<b>€</b>	<b>€</b>
<b>Cost</b>		
At 1 July 2024	78,700	78,700
Additions	16,181	16,181
At 30 June 2025	<u>94,881</u>	<u>94,881</u>
<b>Depreciation</b>		
At 1 July 2024	9,838	9,838
Charge for the financial year	11,860	11,860
At 30 June 2025	<u>21,698</u>	<u>21,698</u>
<b>Net book value</b>		
At 30 June 2025	<u><b>73,183</b></u>	<u><b>73,183</b></u>
At 30 June 2024	<u>68,862</u>	<u>68,862</u>

**8. STOCKS**

	<b>2025</b>	2024
	<b>€</b>	€
Consumables	<u>1,196</u>	<u>559</u>

The replacement cost of stock did not differ significantly from the figures shown.

**9. DEBTORS**

	<b>2025</b>	2024
	<b>€</b>	€
Other debtors	100	100
Taxation	-	573
	<u>100</u>	<u>673</u>

**10. CREDITORS**

**Amounts falling due within one year**

	<b>2025</b>	2024
	<b>€</b>	€
Taxation	2,379	2,920
Accruals	2,000	15,029
Deferred Income	9,506	6,602
	<u>13,885</u>	<u>24,551</u>

**Strive Fitness Limited**  
**NOTES TO THE ABRIDGED FINANCIAL STATEMENTS**  
for the financial year ended 30 June 2025

<b>11. CREDITORS</b>		<b>2025</b>	<b>2024</b>
<b>Amounts falling due after more than one year</b>		€	€
Directors' loan accounts		<b>50,013</b>	53,401
		<u>          </u>	<u>          </u>
<b>12. TAXATION</b>		<b>2025</b>	<b>2024</b>
		€	€
<b>Debtors:</b>			
VAT		-	573
		<u>          </u>	<u>          </u>
<b>Creditors:</b>			
VAT		<b>1,029</b>	-
PAYE		<b>1,350</b>	2,920
		<u>          </u>	<u>          </u>
		<b>2,379</b>	2,920
		<u>          </u>	<u>          </u>

<b>13. SHARE CAPITAL</b>		<b>2025</b>	<b>2024</b>
		€	€
<b>Description</b>	<b>Number of shares</b>	<b>Value of units</b>	
<b>Authorised</b>			
Ordinary	100,000	€1.00 each	<b>100,000</b>
			<u>          </u>
<b>Allotted, called up and fully paid</b>			
Ordinary	100	€1.00 each	<b>100</b>
			<u>          </u>

The directors' and the secretary's interests in the shares of the company are as follows:-

<b>Name</b>	<b>Class of Shares</b>	<b>Number Held</b>	
		<b>At 30/06/25</b>	<b>01/07/24</b>
Conor Hall	Ordinary	<b>21</b>	30
Colm Hassett	Ordinary	<b>28</b>	40
Gavin Kennelly	Ordinary	<b>30</b>	-
Thomas Vaughan	Ordinary	<b>21</b>	30
		<u>          </u>	<u>          </u>
		<b>100</b>	100
		<u>          </u>	<u>          </u>

<b>14. RESERVES</b>		<b>Share premium account</b>	<b>Profit and loss account</b>	<b>Total</b>
		€	€	€
At 1 July 2024		-	(5,107)	(5,107)
Premium on issue of shares		12,000	-	12,000
Profit/(loss) for the financial year		-	19,333	19,333
		<u>          </u>	<u>          </u>	<u>          </u>
At 30 June 2025		<b>12,000</b>	<b>14,226</b>	<b>26,226</b>
		<u>          </u>	<u>          </u>	<u>          </u>

**Share Premium Reserve**

The Share premium reserve arose from the issuing of 30 Ordinary shares to Gavin Kennelly on the 20th March 2025.

**Strive Fitness Limited**  
**NOTES TO THE ABRIDGED FINANCIAL STATEMENTS**  
for the financial year ended 30 June 2025

**15. CAPITAL COMMITMENTS**

The company had no material capital commitments at the financial year-ended 30 June 2025.

**16. DIRECTORS' REMUNERATION AND TRANSACTIONS**

	<b>2025</b>	2024
	€	€
Remuneration	<b>73,350</b>	36,091

The following amounts are repayable to the directors:

	<b>2025</b>	2024
	€	€
Conor Hall	<b>49,513</b>	40,901
Gavin Kennelly	<b>500</b>	12,500
	<b>50,013</b>	53,401

**17. POST-BALANCE SHEET EVENTS**

There have been no significant events affecting the company since the financial year-end.

**18. APPROVAL OF FINANCIAL STATEMENTS**

The financial statements were approved and authorised for issue by the board of directors on 30 January 2026.