

CRO No.749349

**Ronan James Health and Wellness Limited
Suite A2
No.1 Charlotte Quay
Limerick**

**Unaudited Abridged Financial Statements
As at 31 December 2025**

Ronan James Health and Wellness Limited

Reports and un-audited financial statements

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Ronan James Health and Wellness Limited

Directors and other information:

Director: Martin Walsh

Secretary: Midwest Company Secretarial Services Limited

Registered Office: Suite A2
No.1 Charlotte Quay
Limerick

CRO No. 749349

Ronan James Health and Wellness Limited

Statement of directors' responsibilities and declaration on un-audited financial statements

General responsibilities

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that year.

The directors are responsible for keeping proper books of account which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure the financial statements comply with the Companies Act, 2014 and all Regulations to be construed as one with that Act. They are also responsible for ensuring the company otherwise complies with the provisions of that Act relating to financial statements insofar as they are applicable to the company. They have general responsibility for taking such steps as are reasonable to safeguard the assets of the company and hence to prevent and detect fraud and other irregularities.

Directors' declaration on un-audited financial statements

In relation to the financial statements as set out on pages 3 to 4:

(a) The directors approve these financial statements and confirm that they are responsible for them, including selecting the appropriate accounting policies, applying them consistently and making, on a reasonable and prudent basis, the judgements underlying them. They have been prepared on the going concern basis on the grounds that the company will continue in business.

(b) The directors confirm that to the best of their knowledge and belief, the financial statements reflect all the transactions of the company for the period ending 31 December 2025.

On behalf of the board

Signed: Martin Walsh Director
Martin Walsh

Signed on behalf of Shuld Sheue
Midwest Company Secretarial Services Limited
Secretary
Midwest Company Secretarial Services Limited

Dated: 05 March 2026

Ronan James Health and Wellness Limited

Balance Sheet as at 31 December 2025 (abridged)


	Notes		
Assets Employed		2025	2024
Current Assets			
Debtors			
Amount falling due within one year		100	N/a
		===	===
Financed by			
Capital and Reserves			
Called Up Share Capital	2	100	N/a
		===	===

We, as Directors of Ronan James Health & Wellness Limited, state that:

- (a) the company is availing itself of the exemption provided by Chapter 15, of Part 6 of the Companies Act, 2014
- (b) the company is availing itself of the exemption on the grounds that it satisfies the conditions specified in Section 358 of the 2014 Act
- (c) the shareholders of the company have not served notice on the company under section 334 (1) in accordance with section 334 (2)
- (d) we acknowledge the company's obligations under the Companies Act, 2014, to keep proper books of account and to prepare financial statements which give a true and fair view of the state of affairs of the company at the end of its financial year and of its profits or loss for such a year and to otherwise comply with the provisions of the Companies Act, 2014 relating to the financial statements in so far as they are applicable to the company
- (e) the company has relied on the specific exemptions contained in section 352 of the Companies Act, 2014 and has done so on the grounds that the company is entitled to the benefit of that exemption as a small company and the abridged financial statements have been properly prepared in accordance with section 353 Companies Act, 2014.

On behalf of the Board

- Director:



Martin Walsh

Dated: 05 March 2026

Ronan James Health and Wellness Limited

Notes to the Financial Statements for the period ended 31 December 2025

1. Accounting Policies

Basis of Preparation

The financial statements have been prepared on the going concern basis and in accordance with generally accepted accounting principles in Ireland and Irish statute comprising the Companies Act, 2014. The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Cash flow statement

The company has availed itself of the exemption in FRS 1 from the requirement to produce a cash flow statement because it is classed as a small company.

Turnover

Turnover comprises the invoice value of goods supplied by the company, exclusive of trade discounts and value added tax.

Stocks

Stocks are valued at the lower of cost and net realisable value. Cost comprises expenditure incurred in the normal course of business in bringing stocks to their present location and condition. Full provision is made for obsolete and slow-moving items. Net realisable value comprises actual or estimated selling price (net of trade discounts) less all further costs to completion or to be incurred in marketing and selling.

Taxation

Current tax represents the amount expected to be paid or recovered in respect of taxable profits for the year and is calculated using the tax rates and laws that have been enacted or substantially enacted at the balance sheet date.

Ronan James Health and Wellness Limited

Historical Cost Convention

The financial statements are prepared under the historical cost convention.

2. Called Up Share Capital

Authorised

1,000,000 Ordinary Shares of €1.00 each	1,000,000 =====
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Allotted, Called Up and Fully Paid

100 Ordinary Shares of €1.00 each	100 =====
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3. The directors' interests in the shares of the company (Section 329 Companies Act, 2014) are as follows: -

Name	Class of Shares	Number Held as at 31 December 2025
	N/a	

4. Group Structure

The company is a wholly owned subsidiary of Newhall SL

4. Approval of Shareholders Financial Statements

The directors approved the shareholders financial statements on 05 March 2026