

Company registration number: 767952

Awol Fitness Ltd

**Unaudited abridged financial statements
for the financial year ended 30 June 2025**

Awol Fitness Ltd

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Directors and other information

Director	Mr Patrick Whelan (Appointed 17 July 2024)
Secretary	Ms Sharon Whelan
Company number	767952
Registered office	AWOL Fitness Limited 68 Madeira Wood Enniscorthy Co. Wexford
Business address	68 Madeira Wood Enniscorthy Co. Wexford
Accountant	Eddie Kelly & Co Accountants No 2 Dair Ard Bohreen Hill Enniscorthy Co. Wexford Y21 YT57
Bankers	Bank of Ireland Abbey Square Mill Park Road Enniscorthy Co. Wexford

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Director's responsibilities statement

These abridged financial statements have been extracted, pursuant to section 353 of the Companies Act 2014, from the statutory financial statements prepared under section 290 of that Act. The following is the Director's Responsibilities Statement accompanying those financial statements.

The director is responsible for preparing the director's report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the director to prepare financial statements for each financial year. Under the law, the director has elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council. Under company law, the director must not approve the financial statements unless he is satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the profit or loss of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the director is required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The director is responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and profit or loss of the company to be determined with reasonable accuracy, enable him to ensure that the financial statements and director's report comply with the Companies Act 2014. He is also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

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**Balance sheet
As at 30 June 2025**

	Note	€	€
Current assets			
Cash at bank and in hand		1,451	
		<u>1,451</u>	
Creditors: amounts falling due within one year	8	<u>(3,791)</u>	
Net current liabilities			<u>(2,340)</u>
Total assets less current liabilities			<u>(2,340)</u>
Net liabilities			<u><u>(2,340)</u></u>
Capital and reserves			
Called up share capital presented as equity	9		100
Profit and loss account			<u>(2,440)</u>
Shareholder deficit			<u><u>(2,340)</u></u>

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with Section 1A of FRS 102 Financial Reporting Standard applicable in the UK and Republic of Ireland'.

I, as director of Awol Fitness Ltd state that:

- the company is availing itself of the exemption provided for by Chapter 15 of Part 6 of the Companies Act 2014;
- the company is availing itself of the exemption on the grounds that the conditions specified in section 358 of the Companies Act 2014 are satisfied;
- the shareholder of the company have not served a notice on the company under section 334(1) of the Companies Act 2014 in accordance with section 334(2);
- I acknowledge the company's obligations under the Companies Act 2014, to keep adequate accounting records and prepare financial statements which give a true and fair view of the assets, liabilities and financial position of the company at the end of its financial year and of its profit or loss for such a financial year and to otherwise comply with the provisions of Companies Act 2014 relating to financial statements so far as they are applicable to the company; and
- the company has relied on the specified exemption contained in section 352 of the Companies Act 2014; has done so on the grounds that the company is entitled to the benefit of that exemption as a small company and the abridged financial statements have been properly prepared in accordance with section 353 of the Companies Act 2014.

The notes on pages 5 to 8 form part of these abridged financial statements.

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Balance sheet (continued)
As at 30 June 2025

These abridged financial statements were approved by the director of the company on 5 March 2026 and signed by:

Mr Patrick Whelan
Director

The notes on pages 5 to 8 form part of these abridged financial statements.

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Notes to the abridged financial statements Financial year ended 30 June 2025

1. General information

The company is a private company limited by shares, registered in Ireland. The address of the registered office is AWOL Fitness Limited, 68 Madeira Wood, Enniscorthy, Co. Wexford.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102 Section 1A, 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

3. Accounting policies and measurement bases

Basis of preparation

The Financial Statements have been prepared in accordance with the Going Concern basis under FRS102 S1A and in accordance with CA 2014

Going concern

The directors consider it appropriate to prepare the Financial Statements on a Going Concern basis.

Turnover

Turnover is measured at the fair value of the consideration received or receivable for goods supplied and services rendered, net of discounts and Value Added Tax.

Revenue from the sale of goods is recognised when the significant risks and rewards of ownership have transferred to the buyer, usually on despatch of the goods; the amount of revenue can be measured reliably; it is probable that the associated economic benefits will flow to the entity and the costs incurred or to be incurred in respect of the transactions can be measured reliably.

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Notes to the abridged financial statements (continued) Financial year ended 30 June 2025

Financial instruments

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the transaction price, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Debt instruments are subsequently measured at amortised cost.

Where investments in non-convertible preference shares and non-puttable ordinary shares or preference shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in profit or loss. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in profit or loss, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised in profit or loss immediately.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised in profit or loss immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

4. Staff costs

The average number of persons employed by the company during the financial year, including the directors was 2.

The aggregate payroll costs incurred during the financial year were:

	Year ended
	€
Wages and salaries	19,271

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Notes to the abridged financial statements (continued)
Financial year ended 30 June 2025

5. Directors remuneration

The director's aggregate remuneration was as follows:

	Year ended
	€
Emoluments in respect of qualifying services	16,909

6. Appropriations of profit and loss account

	€
At the start of the financial year	-
Loss for the financial year	(2,440)
At the end of the financial year	(2,440)

7. Cash and cash equivalents

	€
Cash at bank and in hand	1,451

8. Creditors: amounts falling due within one year

	€
Other creditors including tax and social insurance	2,561
Accruals	1,230
	3,791

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**Notes to the abridged financial statements (continued)
Financial year ended 30 June 2025**

9. Share capital

Authorised share capital

	Number	€
Ordinary Shares shares of € 1.00 each	100,000	100,000
	<u> </u>	<u> </u>

Issued, called up and fully paid

	Number	€
Amounts presented in equity:		
Ordinary Shares shares of € 1.00 each	100	100
	<u> </u>	<u> </u>

10. Related party transactions

There are no Related Party Transactions

11. Approval of financial statements

The board of directors approved these abridged financial statements for issue on 5 March 2026.