

Registration Number 700007

Zenergy Wellbeing Ltd

Abridged accounts

for the year ended 31 August 2025

Zenergy Wellbeing Ltd

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Zenergy Wellbeing Ltd

Directors and other information

Directors	Orla McAdam Joan McAdam
Company number	700007
Business address	Zenergy Yoga Studios Main St Blackrock Co Louth
Bankers	Bank of Ireland Clanbrassil St Dundalk Co Louth
Solicitors	Catherine Allison & Co 6 Roden Place Dundalk Co Louth

Zenergy Wellbeing Ltd

Statement of Directors' responsibilities and declaration on unaudited financial statements

The directors made the following statement in respect of the unaudited financial statements:

General Responsibilities

The directors are responsible for preparing the Annual Report and the financial statements in accordance with applicable Irish law and Generally Accepted Accounting Practice in Ireland including the accounting standards issued by the Accounting Standards Board and published by the Institute of Chartered Accountants in Ireland.

Irish company law requires the directors to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. Under the law the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council, and promulgated by the Institute of Chartered Accountants in Ireland.

The directors are responsible for keeping proper books of account which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure the financial statements are prepared in accordance with accounting standards generally accepted in Ireland and with Irish statute comprising the Companies Act 2014.

They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Directors' declaration on unaudited financial statements

In relation to the financial statements as set out on pages 3 to 7 :

- The directors approve these financial statements and confirm that they are responsible for them, including selecting the appropriate accounting policies, applying them consistently and making, on a reasonable and prudent basis, the judgements underlying them. They have been prepared on the going concern basis on the grounds that the company will continue in business.
- The directors confirm that to the best of their knowledge and belief, the accounting records reflect all the transactions of the company for the year ended 31st August 2025.

On behalf of the board



Orla McAdam
Director



Joan McAdam
Director

Date: 7th March 2026

Zenergy Wellbeing Ltd

**Abridged balance sheet
as at 31 August 2025**

		2025		2024	
Notes	€	€	€	€	€
Fixed assets					
Tangible assets	4		6,053		3,437
Current assets					
Debtors		1,800		3,000	
Cash at bank and in hand		2,415		2,706	
		4,215		5,706	
Creditors: amounts falling due within one year	5	(9,304)		(7,652)	
Net current liabilities			(5,089)		(1,946)
Total assets less current liabilities			964		1,491
Net assets			964		1,491
Capital and reserves					
Called up share capital	6		100		100
Profit and loss account			864		1,391
Equity shareholders' funds			964		1,491

We, as directors of Zenergy Wellness Ltd state that:

The company is availing itself of the exemption provided for by Chapter 15 of Part 6 of the Companies Act 2014;

The company is availing itself of the exemption on the grounds that the conditions specified in section 358 of the Companies Act 2014 are satisfied;

The shareholders of the company have not served a notice on the company under section 334(1) of the Companies Act 2014 in accordance with section 334(2);

We acknowledge the company's obligations under the Companies Act 2014, to keep adequate accounting records and prepare financial statements which give a true and fair view of the assets, liabilities and financial position of the company at the end of its financial year and of its profit or loss for such a year and to otherwise comply with the provisions of the Companies Act 2014 relating to financial statements so far as they are applicable to the company; and

The notes on pages 5 to 7 form an integral part of these financial statements.

Zenergy Wellbeing Ltd


The company has relied on the specified exemption contained in section 352 of the Companies Act 2014; has done so on the grounds that the company is entitled to benefit of that exemption as a small company and the abridged financial statements have been properly prepared in accordance with section 353 of the Companies Act 2014.

The abridged accounts were approved by the Board on 7 March 2026 and signed on its behalf by



Orla McAdam

Director



Joan McAdam

Director

Zenergy Wellbeing Ltd

Notes to the abridged financial statements for the year ended 31 August 2025

1. Statement of accounting policies

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

1.1. Basis of preparation

The unaudited accounts have been prepared in accordance with accounting standards generally accepted in Ireland and Irish statute comprising the Companies Act 2014. Accounting Standards generally accepted in Ireland in preparing financial statements giving a true and fair view are those issued by the Accounting Standards Board.

The unaudited accounts are prepared under the historical cost convention modified to include the revaluation of certain fixed assets and financial instruments, and in accordance with applicable accounting standards.

1.2. Cash flow statement

The company meets the size criteria for a small company set by the Companies (Amendment) Act, 1986 and therefore, in accordance with FRS1: Cash flow statements, it has not prepared a cash flow statement.

1.3. Turnover Policy

Turnover represents the total invoice value, excluding value added tax, of sales made during the year.

1.4. Tangible fixed assets and depreciation

Depreciation

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost less residual value, of each asset systematically over its expected useful life, as follows:

Plant and machinery - 12.5% Straight Line

1.5. Taxation

The yearly charge for taxation is based on the profit for the year and is calculated with reference to the tax rates applying at the balance sheet date.

2. Directors and secretary and their interests

The directors who served during the year and their interests in the company are as stated below:

	Ordinary shares	
	31/08/25	01/09/24
Orla McAdam	100	100
Joan McAdam	-	-

Orla McAdam and Joan McAdam retire from the board by rotation in accordance with the Articles of Association and, being eligible, offer themselves for re-election.

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**Notes to the abridged financial statements
for the year ended 31 August 2025**

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3. Transactions with directors

There were no related party transactions with the directors during the period.

	Tangible fixed assets €
4. Fixed assets	
Cost	
At 1 September 2024	5,500
Additions	3,776
At 31 August 2025	9,276
Depreciation	
At 1 September 2024	2,063
Charge for year	1,160
At 31 August 2025	3,223
Net book values	
At 31 August 2025	6,053
At 31 August 2024	3,437

	2025 €	2024 €
5. Creditors: amounts falling due within one year		
<i>Other creditors</i>		
Directors' accounts	246	3,515
Accruals and deferred income	3,960	2,460
<i>Taxation creditors</i>		
Corporation tax	465	1,677
PAYE/PRSI	3,235	-
VAT	1,398	-
	9,304	7,652

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**Notes to the abridged financial statements
for the year ended 31 August 2025**

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6. Share capital	2025	2024
	€	€
Allotted, called up and fully paid equity		
100 Ordinary shares of €1 each	<u>100</u>	<u>100</u>

7. Accounting Periods

The current accounts are for a full year. The comparative accounts are for a full year.

8. Approval of financial statements

The board of directors approved these financial statements for issue on 7 March 2026.